

# Soccer Handout

**Object of Game:** To put the ball into opponent's goal.

**Scoring:** Field Goal- 1 point  
Penalty Goal- 1 point

**Length of Game:** International games are two 45 minute halves with no timeouts except for injury. Interscholastic games are two 30 minute halves with no timeouts except for injury.

**Number of Players:** 11

Positions: Forwards (offense), Fullbacks (defense), Midfielders (Halfbacks), Goalie, Stopper (middle FB), and Sweeper

## Definitions of Terms:

**Attacking Team:** The team that has possession of the ball.

**Defending Team:** The team that is defending goal from opponent who has the ball.

**Direct Free Kick:** A free kick from which a goal may be scored. Awarded to a team when the attacking team is in the penalty area when the ball is not or if there is a high kicking penalty.

**Double Foul:** Fouls committed by each team simultaneously in which results in a drop ball.

**Dribbling:** Kicking the ball under control to your self while moving down the field.

**Drop Ball:** Official drops ball between two players who then attempt to gain possession of ball.

**Field Goal:** Kicking the ball into an opponent's goal.

**Handling (Hands ball):** Player, other than goalie, touches the ball with hand or any part of the arm intentionally.

**Indirect Free Kick:** A free kick that must be to a teammate, not an attempt to score a goal. Kick is awarded when someone is off sides, or when the goalie commits a foul.

**Offside:** A player is offside if they are closer to the opponent's goal line than the ball unless the player is in their own half of the field or if there are at least two opponents closer to their own goal line than the player.

**Penalty Goal:** Goal that is kicked from the penalty kick line.

Penalty Kick: Awarded to attacking team player when fouled inside penalty box. Also awarded when a team has an illegal substitution.

Red Card: Awarded when committing a major foul or multiple minor fouls, player is asked to leave the game.

Throw-In: Throwing the ball inbounds over your head with both hands while keeping both feet on the ground.

Trapping: Stopping the ball with a part of your body to gain control.

Yellow Card: Awarded when committing a minor foul, player is issued a warning.

### **Goalie's Privileges:**

- A.) Only the goalie may pick up the ball, throw the ball, and drop kick the ball.
- B.) The goalie may bounce the ball as many times to the edge of the penalty area as long as the goalie does not take more than four steps.
- C.) Once a goalie takes four steps with the ball, they must get rid of it in less than three seconds.
- D.) The goalie can not be interfered with by any other player when in possession of the ball.

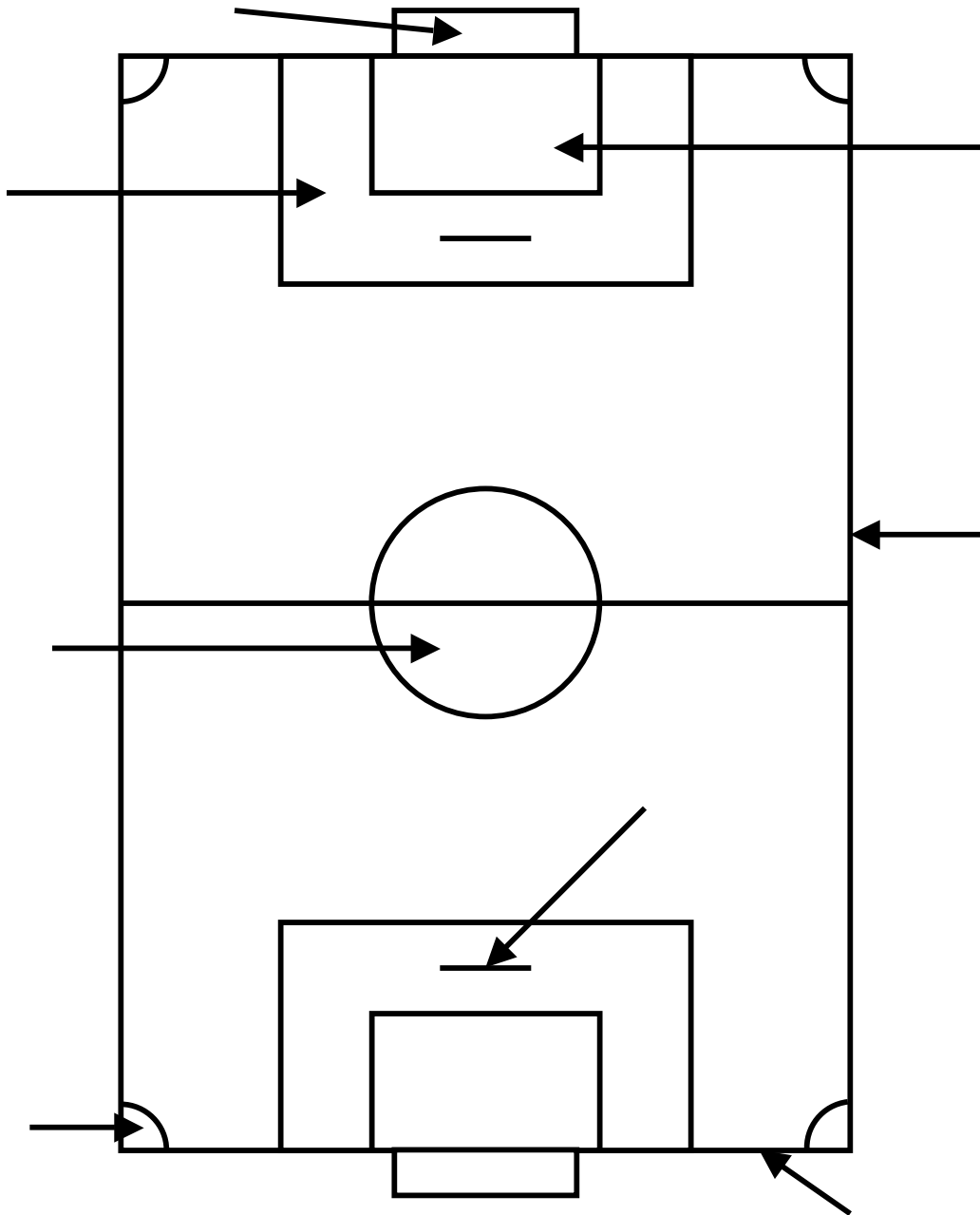
### **Out of Bounds:**

- A.) Throw-In: Occurs when ball goes out of bounds across the sideline.
- B.) Goal Kick: Occurs when ball is kicked across goal line (not in goal) by attacking team.
- C.) Drop Ball: Occurs when ball goes out of bounds off two opposing players.
- D.) Corner Kick: Occurs when ball is kicked across goal line by defending team. Ball is kicked by the attacking team at the corner kick mark.

### **Fouls:**

- A.) Tripping, Kicking, Striking, Holding, Pushing, or Jumping on an opponent.
- B.) Intentionally touching ball with hand or arm.
- C.) Unnecessary roughness.
- D.) High Kicking (kicking ball with feet above waist level).

E.) Charging the goalie.



- A.) Goal
- B.) Goal Box
- C.) Side Line
- D.) Penalty Kick Mark

- E.) Goal Line
- F.) Corner Kick Area
- G.) Center Circle
- H.) Penalty Area