

## **Here's How You Can Improve Your Child's School Attendance**

- Talk with your child about why it's important to attend school regularly.
- Avoid scheduling family trips or doctor appointments during school hours.
- Make sure your child stays healthy by eating nutritious food and getting enough sleep and exercise.
- Don't accept excuses for why your child "must" miss or be late for school.
- Discuss with your child what happened at school each day.
- Support school rules and consequences for skipping class and being tardy.
- Show your child why education is important. Give specific examples of how education helps people succeed.
- Lead by example. If children see parents taking off work for no real reason, they may expect to be able to do the same thing.

Source: The Parent Institute

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