



Lady Miller Basketball

2020-2021- 8th grade East Middle

Coaches:

- 8th grade – Head Coach Cindy Martin – martincmc1010@att.net cell (317-417-5008)

Things You Need to Know Before Tryouts:

- Playing basketball for NEMS is a commitment. If you make the team, you need to plan to make ALL practices and games. Please make sure that other coaches (non-school) are aware of your commitment to the Lady Miller basketball program.
- We are looking for student/athletes who are going to give 100% in the classroom as well as the court.
- **YOU MUST HAVE PASSED ALL YOUR QUARTER 1 CLASSES TO TRY OUT!!!**
If you received an F in any class, you are not eligible to play or manage.

8th grade Tryout Schedule:

- **Tryouts: Tuesday, December 1st- 4:15-6:00**
Wednesday, December 2nd- 6:00-8:00
- All final cuts will be made after the Wednesday tryout.

Students coming to school for tryouts or practice on a virtual day should not arrive before 4:05.

ALL student/athletes must complete athletic paperwork in order to be eligible to try out for a middle school sport.

Athletic paperwork consists of:

- 1) the [IHSA physical form](#) which must be completed, signed by a physician, and turned in at the **NEMS front office** or Student Services. If you turned in a physical for the after April 1, 2019, it is still valid for this year.
- 2) the **online forms** that can be completed and submitted at [Rank One Sports](#)

Additional Info:

- In order to have the athlete perform at her best without the pressures of outside influences, tryouts and ALL practices will be closed. Only coaching staff and players will be allowed inside the gym.
- COVID- please make sure your daughter knows if they are not feeling well, you do not attend practice and make Coach Martin aware