

## 7<sup>th</sup> Grade Girls Basketball Callout

November 15, 2020

Girls,

I want to thank you for coming to the callout today. We are excited to get this season going. There are a couple of items we want to cover initially.

1. **Grades – Schoolwork is your top priority.** Without passing grades, students are not allowed to participate in sports. The school will reach out to us if someone is not able to play due to this restriction. You are in control of your grades. If you need assistance, please talk to your parents, teaching staff, or guidance counselors. Everyone wants you to succeed, and it's ok to ask for help if needed.
2. Physicals must be in the office and on file before tryouts. Any student who does not have a physical will not be permitted to try out or practice per Noblesville School policies.
3. **Sportsmanship – We do not tolerate bad sportsmanship.** This includes bullying, mocking, making fun of, talking back, or fighting. If an incident occurs, it will be dealt with according to school and team policies. This could include up to and being dismissed from the team.
4. Extra Curricular Activities – When playing basketball for Noblesville East, you are expected not to be playing basketball at other facilities, including travel leagues. You have an obligation to your teammates and school for the season. If you are hurt playing elsewhere, it will impact your teammates. This does not include other school sports.
5. **Practice – We expect you to be at practice on time and ready to put in the work.** Being late causes disruption of practice. If you are going to be late, let us know as soon as possible. We can work with anyone who is late due to varying circumstances beyond your control. It is all about communication. Our practices are a lot of running, jumping, moving, and will initially make you sore due to using muscles you are probably not using in daily life.
6. Tryouts – Our tryout date is scheduled for December 1st. The start time is 4:15-6 pm at East in the East Gym.
7. Schedules will be given at the end of tryouts to those who make the team.
8. We will have a Zoom or video conference after tryouts so parents can meet the coaches, and discuss deeper expectations for individual and team growth.

## PLEASE NOTE COVID-19 information.

The 2020-2021 season is unique as we are in the middle of a worldwide pandemic. We have all been affected and will continue to be affected until this virus is brought under control. Due to this, we have to implement and ask for your help in maintaining the following guidelines.

1. If in school on the day of practice, please go the locker room and change into your gym clothes as soon as school is out. Please wear masks to and from practice.
2. If e-learning on the day of practice, please come to practice in clean or washed clothes daily. This includes masks. Please enter at Gate 5.
3. All girls must have their own water bottle as fountains will not be on except for the bottle stations.
4. All girls will have a bag/backpack with hand sanitizer, filled water bottle, and mask for entry/exit. We will be spreading the bags around the whole gym so we are maintaining the 6 foot rule.
5. There will be no buses used for trips to away games. All parents are responsible for their own transportation. If some parents are not able, we would need volunteer parents who are comfortable taking another girl/girls. **Coaches cannot take any girls to or from games due to school policies!**
6. This year, it is imperative to make sure you are limiting and not potentially exposing yourself due to other basketball activities, or friendly get togethers for the sake of yourself and teammates. Please understand, if a positive test comes back and you are quarantined, the potential of the rest of the team being quarantined is exceptionally high. This means we would lose practice and game time for two weeks. The rule is anyone in 6 foot contact at practice more than 15 minutes in a 24 hour period with others, will cause all contacted individuals to quarantine for 14 days regardless of positive or negative testing.

I hope we can get a full season in as basketball is a great way to relieve stress and have fun during this unique time in our lives.

Kindest Regards,

Kyle Brooks  
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